

Alstefken T/A

THE COLLEGE OF
MEDICAL HYPNOSIS

This 6 day Face to Face Clinical Certificate training course includes a 4 day module component of FPS-ST Focussed Psychological Strategies Skills Training level 2 and a non FPS-ST component with hypnosis

Focussed Psychological Skills Training, Relaxation & Guided Imagery plus Hypnosis

As doctors we are often the first point of contact for people struggling with complex and challenging mental health conditions. The knowledge, skills, tools and techniques obtained in this course will not only enable you to help and to empower your patients, they will also help you manage better in your own life as well.

A top-down view of a desk cluttered with architectural documents. In the center, a large sheet of paper features a detailed floor plan with handwritten notes and a small red stamp that reads "OPTIMUS FERRETERIAS J.V." and "www.ferreteriajv.es". To the right, several rolls of paper are stacked. A black wire chair is partially visible on the right side. In the bottom left corner, a green potted plant with large leaves is visible. The overall scene suggests a workspace for architectural design or engineering.

focussed psychological skills training

This training is RACGP accredited for the 2023–2025 triennium for 76 CPD hours

The platform for this course is Cognitive Behavioural Therapy (CBT) with FPS. We address clinical disorders and conditions including emotional distress, Anxiety both GAD and Phobias, Insomnia, Weight loss, Tobacco Smoking and Pain.

39.5 hours

Educational Activity

Knowledge & skills

30 hours

Reviewing Performance

Reflection & learning

6.5 hours

Measuring Outcomes

Data & evaluation



Anxiety Reduction

Generalised Anxiety Disorder & Phobias



Smoking Cessation

plus Obesity, Weight Loss, Pain & Insomnia



Cognitive Enhancement

Concentration, Decision Making, Thinking, Memory & Self Esteem

Who can enrol?

The College of Medical Hypnosis provides training for AHPRA registered health professionals plus Social Workers registered with the AASW, including but not limited to:

General Practitioners and Specialists

Psychologists and Clinical Psychologists

Registered Nurses, Mental Health Nurses and Nurse Practitioners

Midwives

Social Workers

Dentists

other Allied Health Practitioners

About us

The College of Medical Hypnosis has been conducting Clinical training courses for decades, training thousands of health professionals from every state of Australia as well as from overseas.

Our Clinical Certificate Courses are held over 6 days from 8:30 am - 5:30 pm and involve 48 hours of Face to Face interactive learning plus pre and post course education.

Principle Presenter - Dr Alan Fahey MPsychiatry
MPsychMed (CBT) MB,BS Diploma Master Hypnotist
Diploma of Advanced Clinical Hypnosis (CBT-FPS)

Advanced Clinical Certificate Courses and Single Mental Health Modules are also available.

Course Fees

Early Bird Fee	Full Fee
8 Week \$2,599	Full Course Fee \$2,799
4 Week \$2,699	

Next Course Dates

Our next Clinical Course is being held:

from November 13th - November 18th 2023

2024 dates TBA

Single Mental Health Module 18th November 2023

Contact us

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